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### Date: 31 August 2016 Newsletter: 14/2016

**MISSION STATEMENT:** 

Facebook

To develop, within a caring environment, the cognitive, social, physical and creative abilities of all children to enable them to realise their full potential and to maximise future opportunities as members of the community.

# VIRTUE FOR WEEKS 7/8—DETERMINATION



**Dear Community Members** 

# **Shade Sail Project**

The shade sails will benefit the students by enabling them to have a huge play space that is "Sun Safe". This reinforces the messages regarding minimising skin cancer risk. This particular play space encourages students that are

attracted to different recreational activities, ie table tennis, outdoor chess and draughts. We have lots of play space for students wanting to engage in football, soccer, netball and basketball. This newly created play space caters for students with different abilities and interests. Overall we will be able to engage more students in a variety of pursuits.

I was particularly pleased to get the funding support because it enabled a project that the school and P&C have collaboratively been working hard on for a number of years to come to fruition.











# Assembly Highlights—25 August

I spoke about the important role that our P&C had played in getting the new shade shelter project completed. Hopefully students will know and appreciate that many of the extra facilities and resources we have at WSPS are due to the dedication and hard work of parents. Most of the playgrounds and outdoor play equipment have, over time, been provided by the P&C.

Well done to all those students that have come along to the early Thursday morning athletics training. Thanks to Mr Birkelbach and Mrs Bampton for directing training and Sandy and the P&C for providing the healthy breakfasts.

# Honour Certificate Winners

Congratulations to the following students:		
LA1, K/PP:	Giang	
LA2, K/PP:	Jade	
LA3, Year 1:	Trinity and Christopher	
LA5, Year 2:	Mohamed	
LA8, Year 3:	Sai and Bayley	
LA11, Year 4/5:	Julian	
LA10, Year 5/6:	Mahki and Mitchell	
LOTE:	Navina and Tahj	

#### battery collection.

On Tuesday Bronwyn from the EMRC came for a meeting with the awesome trio (Emma P, Annie and Syakirah) and Mrs Manikam. We discussed our objectives for the project and she gave us some more ideas.



Thank you for listening to us and don't forget to bring in your used batteries.





#### Virtue Awards 22 August



Battery Recycling Project Presented by: Emma P, Syakirah and Annie

Hello, We're here to give you all a Battery Project update. As you may know a couple of weeks ago we went around to your classes and weighed the used batteries you had brought to school. In total we collected 15.5kg of batteries. This was a great amount collected but a little bit down on our first collection.

Because of this we are now going to weigh your class batteries every fortnight with the class with the most batteries receiving an award. This award will stay in the winning class for a fortnight until we do the next



Back row: Tim, Jenelle, Howell and Jonathan

Front row: Tahj



# Mathletics Awards 22 August

Silver Awards:

Navina and Konrad

ngratulations.

Glen Cookson Principal



# DATES TO REMEMBER

Thursday 1 September	-	School Faction Carnival—Years 1-6
Tuesday, 6 September	-	Kiara Farm Excursion, LA1, LA2 and LA3
Tuesday, 13 September	-	P&C Meeting—6.00pm
Wednesday, 14 September	-	Kids Teaching Kids Mandurah
Thursday, 15 September	-	Kids Teaching Kids, Mandurah
Friday, 16 September	-	Interschool Carnival and LOTE Excursion
Monday, 19 September	-	Festival of Arts Evening—more details to follow





# Chaplain's chat



Hi everyone,

**Resilience** is the Buzz word in schools these days and I found an article I'd like to share with you called:

**Building Resilience in Children – 20 Practical, Powerful Strategies** *Posted by* <u>Hey Sigmund.</u> If you want to see the whole article, get in touch and I can either give you a copy or email it to you. In the meantime, here are some of the ideas:

Resilience is being able to bounce back from stress, challenge, tragedy, trauma or adversity. When children are resilient, they are braver, more curious, more adaptable, and more able to extend their reach into the world.

#### How does resilience affect behaviour?

Children will have different levels of resilience and different ways of responding to and recovering from stressful times. They might become emotional, they might withdraw, or they might become defiant, angry or resentful.

#### Can resilience be changed?

Yes. Yes. Yes. Absolutely resilience can be changed. One of the most exciting findings in the last decade or so is that we can change the wiring of the brain through the experiences we expose it to.

#### Now for the how. Building resilience in children.

Building small humans into healthy, thriving big ones isn't about clearing adversity out of their way. A little bit of stress is life-giving and helps them to develop the skills they need to flourish. Strengthening them towards healthy living is about nurturing within them the strategies to deal with that adversity. Here's how.

#### Resilience needs relationships, not uncompromising independence.

Research tells us that it's not rugged self-reliance, determination or inner strength that leads kids through adversity, but the reliable presence of at least one supportive relationship. In the context of a loving relationship with a caring adult, children have the opportunity to develop vital coping skills. Anyone in the life of a child can make a difference – family, teachers, coaches – anyone.

#### Increase their exposure to people who care about them.

<u>Social support</u> is associated with higher positive emotions, a sense of personal control and predictability, self-esteem, motivation, optimism, a resilience. Kids won't always notice the people who are in their corner cheering them on, so when you can, let them know about the people in their fan club. Anything you can do to build their connection with the people who love them will strengthen them.

'I told Grandma how brave you were. She's so proud of you.'

Those are the first 2 of 20! More to follow or see Sandy.

Blessings from the Chaplain

sandy clifton

# Life is not about how fast you run or how high you clim bu how well you bounce.

#### NOT RETURNING TO WELD SQUARE PRIMARY SCHOOL NEXT YEAR?

Planning for next year has commenced. To assist us in this proceed year please complete the slip below and return it to the school off My child/children will not be returning next year:	
Name:	Year /Learning Area:
Name:	Year/Learning Area:
School attending in 2017:	

Signed:

Date:



#### Hello everyone

Thank you to everyone for supporting the Bookfair. Orders should arrive and be delivered to you within two weeks. Popular books included "Pokemon" - no surprise there!

Thursday's breakfast for the kids who are at training bright and early was also a big hit. Thank you to Sandy, Caprice, Sam, Karen and Jo for your efforts organizing and preparing such delicious meals that were wolfed down by the children.

Proc News

A big sport week is upon us. Cake stall donations for Thursday 1 September are needed. Please leave your donation at the canteen, together with a list of ingredients, on Thursday morning. A Father's Day raffle will be a highlight.

We will be holding a Bunnings Sausage Sizzle on Sunday 18 September. A roster for volunteers will be in the office soon. Small groups of 4 for a short 2 hour shift are required. These days are a lot of fun. (Sorry, the kids cannot participate.)

I attended the WACSSO Conference and heard from guest speakers Peter Collier, Minister for Education and MLC, Sue Ellery, MLC, Sharyn O'Neill, Director General, Department of Education, along with Donna Cross (Telethon Kids Institute), Jeremy Chelly (Student Edge) and representatives from Headspace, Holyoake, Safe Schools Coalition and the Commissioner for Young People. I will share some insights and my notes in future newsletters.

Congratulations to the top lapathon fundraisers: Dimitri, Hayley and Roman.

If you cannot see where you are going, ask someone who has been there before—J Loren Norris.

Michelle Hughes P&C President 0402 779 118



# the fathering project

#### Father's Day is Coming Up—What Does it Mean?

This Sunday (4 September) is Father's Day in Australia. What does that mean in your family? Is Father's Day more than just a few new pairs of socks and jocks to add to the wardrobe?



Being a dad is a very hands on, involved role. You need to be there for your children, show them unconditional love, spend time with them, and parent as a team with your partner to be the best dad for your children.

So how should dads celebrate Father's Day? There are a few tips:

- Start a family ritual—it might be an activity like having a picnic in your favourite park or attending a sporting match, or maybe make a speech after dinner about what being a dad has meant for you this year.
- © Spend time one-on-one with each of your children on the day, telling them how much you love them and love being their dad.
- © Give your own dad a call, drop in to see him or share a meal together.
- Appreciate the thought and effort that has gone into the gifts and cards you receive from your children, and treasure these mementos.

# HAVE YOU ENROLLED YOUR CHILD FOR KINDY 2017?

Do you have a child with a date of birth between 1 July 2012 and 30 June 2013, if so they are eligible to attend Kindy next year?

If you know of anyone in your neighbourhood who has a child born in that time frame, please let them know that we are taking enrolments for next year.

Application forms are available from Mrs Lindsay in the school office between the hours of 8.15am and 3.15pm.



# LA10 EXCURSION TO CITY OF BAYSWATER

On Monday morning, instead of fitness, we walked 3000 steps to the City of Bayswater Civic Centre. This is next to John Forrest Secondary College at 61 Broun Avenue, Morley.

In class we had been learning about the City of Bayswater, which is our local government. It is responsible for community programs and services such as Health, Aged Care, Rubbish Collection and other important business.

We went down to participate in a mock council meeting. We were given roles to play which included the Mayor, elected Councillors, the Chief Executive Officer and other senior officers. Daniel was the Mayor and he really enjoyed it and did a great job. He was a funny Mayor.

Weld Square Primary School is in the Central Ward and Councillor Chris Cornish is our representative. He was there and answered lots of questions from the students. The most important thing I learnt was that the CEO earns over \$5,000 per week.

I would like to thank the City of Bayswater for giving us the opportunity to visit.

By Mahki, LA10





# BOOKWEEK / BOOKFAIR - AUGUST 2016

Bookfair this year has been a great success thanks to the combined effort of our school students, parents and staff. This year over \$1600 of books sales were made from the fair and the commission received will translate into many great new resources for our school library. More books means more books to borrow and read!

A HUGE THANKS must go to Mrs Hughes and her trusty band of P&C parent volunteers, some who even had unwell children. They have thrown their support behind this event and made it a great success. Special thanks must go to Mrs Burrows, Ms Dabrowski, Ms Harle, Mrs Nguyen and Mrs Watts. Thank you ladies, along with Mrs Hughes you all made it happen. Thank you also to Mrs Clifton, Mrs Lovering, Mrs Manikam, Emma F, Kwanjai, Jacob W and Joshua W for all your help. Thanks also to Mr Birkelbach and his LA8 class of artists for their magnificent display for this year's Bookweek theme "Australia Story Country".

I'm sure all those who listened to the author talks by Mark Greenwood and Kylie Howarth would agree we have some great storytellers in our country. As we live in the land of stories put on your reading and writing caps and enjoy a story.

Well done to all those who dressed up as a favourite character too! It was great fun and a great parade on Friday.

Catch you in storyland.

Mrs Giraud Library Officer















