Dear Community Members

Welcome back to our final term for 2016.

I trust that you have all enjoyed a relaxing and rejuvenating break. We have another busy term ahead.

Highlights for this term include:
- Swimming
- Confucius Institute Incursion
- Cricket Carnival
- High School Transition visits
- River Ranger Cadet Camp
- Graduation and Awards Ceremonies
- Whole School last day picnic (15 December)

Honour Certificate Awards 22 September

Congratulations to the following students:
- LA1 K/PP: Jordan
- LA2 K/PP: Nazzir
- LA3 Year 1: Alexis, Seth
- LA5 Year 2: Laurence, Tristen
- LA8 Year 3: William, Ella
- LA11 Year 4/5: Dylan, Fatema, Kaeden, Jasmine
- LA10 Year 5/6: Mitchell, Ciara
- LOTE: Daniel C, Imenh

Mathletics Awards 22 September

Congratulations to Fatema, Pardhu, Konrad and Jacob

Hand Dryers

I am pleased that all student toilets have had Air Blades installed. They are more hygienic, save paper, reduce waste and help look after our environment.

Glen Cookson
Principal
Hi everyone

Welcome back and I hope you all had a wonderful holiday. Did you manage to play games together?

This time the suggestions regarding resilience are to do with the brain!

**Encourage a regular mindfulness practice**

Mindfulness creates structural and functional changes in the brain that support a healthy response to stress. It strengthens the calming, rational prefrontal cortex and reduces activity in the instinctive, impulsive amygdala. It also strengthens the connections between the prefrontal cortex and the amygdala. When this connection is strong, the calming prefrontal cortex will have more of a hand in decisions and behaviour. Smiling Mind is a good app to use on your phone or tablet.

**Exercise**

Exercise strengthens and reorganises the brain to make it more resilient to stress. Anything that gets kids moving is stellar, but of course, if you can make it fun that pretty much grants you hero status. Here are some ideas, but get them thinking and they’ll have plenty of their own:

- Throw a frisbee.
- Kick a ball.
- Give a hula-hoop a spin.
- Dance stars.
- Walk the dog.
- Superhero tag (the tagged one stands in the middle of a circle on the ground, a superhero saves them by using their superhero powers to fly with running feet through the circle).
- Detective (in the park or backyard, the first one to find five things that are green; or five things starting with ‘s’; or seven things that could be used for dress-ups; or ten things that smell gorgeous—ready, set, go!).

Have fun everyone!

Blessings from the Chaplain

Sandy Clifton

---

**NOT RETURNING TO WELD SQUARE PRIMARY SCHOOL NEXT YEAR?**

Planning for next year has commenced. To assist us in this process if your child/children are not returning to WSPS next year please complete the slip below and return it to the school office as soon as possible.

My child/children will not be returning next year:

Name: _____________________________________________ Year /Learning Area: _______________

Name: _____________________________________________ Year/Learning Area: _______________

School attending in 2017: _________________________________________________________________

Signed: _____________________________________________ Date: _____________________________
HAVE YOU ENROLLED YOUR CHILD FOR KINDY 2017?

Do you have a child with a date of birth between 1 July 2012 and 30 June 2013, if so they are eligible to attend Kindy next year?

If you know of anyone in your neighbourhood who has a child born in that time frame, please let them know that we are taking enrolments for next year.

Application forms are available from Mrs Lindsay in the school office between the hours of 8.15am and 3.15pm.

DATES TO REMEMBER

Swimming continues from Tuesday 11 October - Friday 21 October
Tuesday 18 October - P&C Meeting 6.00pm
Thursday 20 October - Assembly - Councillors
Monday 24 October - Bayswater Hostel Excursion 1.00—2.30pm
Tuesday 25 October - Confucius Institute Incursion LA8—LA10

What boys need from their dads - Part 1

- Boys need time from fathers and father-figures.
- Teach them that revenge doesn’t solve problems, unlike in the movies or on TV.
- Speak and role model respect for women.
- Encourage physical activity, confidence and a healthy view of competition.

For more tips, please visit the dedicated section in our website: thefatheringproject.org/

Enrol now for VacSwim summer school holiday swimming lessons

It is important for every child to learn to swim properly and develop essential water safety skills. VacSwim December/January school holiday swimming lessons are run by instructors who teach children the skills to be confident swimmers and safe in the water.

To enrol or find out more visit: education.wa.edu.au/swimming

Enrolments close on Monday 28 November for the earlier programs and Monday 5 December for the second January program.
<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>10 OCT</td>
<td>11 OCT</td>
<td>12 OCT</td>
<td>13 OCT</td>
<td>14 OCT</td>
</tr>
<tr>
<td>2</td>
<td>17 OCT</td>
<td>18 OCT</td>
<td>19 OCT</td>
<td>20 OCT</td>
<td>21 OCT</td>
</tr>
<tr>
<td>3</td>
<td>24 OCT</td>
<td>25 OCT</td>
<td>26 OCT</td>
<td>27 OCT</td>
<td>28 OCT</td>
</tr>
<tr>
<td>4</td>
<td>31 OCT</td>
<td>1 NOV</td>
<td>2 NOV</td>
<td>3 NOV</td>
<td>4 NOV</td>
</tr>
<tr>
<td>5</td>
<td>7 NOV</td>
<td>8 NOV</td>
<td>9 NOV</td>
<td>10 NOV</td>
<td>11 NOV</td>
</tr>
<tr>
<td>6</td>
<td>14 NOV</td>
<td>15 NOV</td>
<td>16 NOV</td>
<td>17 NOV</td>
<td>18 NOV</td>
</tr>
<tr>
<td>7</td>
<td>21 NOV</td>
<td>22 NOV</td>
<td>23 NOV</td>
<td>24 NOV</td>
<td>25 NOV</td>
</tr>
<tr>
<td>8</td>
<td>28 NOV</td>
<td>29 NOV</td>
<td>30 NOV</td>
<td>1 DEC</td>
<td>2 DEC</td>
</tr>
<tr>
<td>9</td>
<td>5 DEC</td>
<td>6 DEC</td>
<td>7 DEC</td>
<td>8 DEC</td>
<td>9 DEC</td>
</tr>
<tr>
<td>10</td>
<td>12 DEC</td>
<td>13 DEC</td>
<td>14 DEC</td>
<td>15 DEC</td>
<td>16 DEC</td>
</tr>
</tbody>
</table>

**SCHOOL DEVELOPMENT DAY**

- Monday 10 OCT: Assembly - Councillors
- Tuesday 28 OCT: World Teachers Day
- Thursday 11 NOV: Science HSHS 9.00am LA10
- Saturday 16 DEC: Staff Meeting
- Sunday 18 DEC: School Development Day

**ASSISTANT PRINCIPAL’S WEEKLY PLANNING**

- Assembly: Welcome Assembly on 11 OCT
- Newsletter: Newsletter on 23 NOV
- Staff Meeting: P&C Meeting at 6pm on 24 NOV
- Mentor Program: Mentor Program on 20 OCT
- Master Class: JFSC on 27 OCT
- Excursion: Bayswater Hostel Concert/Visit on 2 DEC
- After School Camp: Science HSHS 9.00am LA10 on 3 DEC

**STAFF RETURN TO SCHOOL**

- 30th January 2017

**STUDENTS RETURN TO SCHOOL**

- 1st February 2017